## BACK-TO-SCHOOL HEALTH CHECKLIST



Schedule an annual check-up with your child's pediatrician. Make sure your kids are up-to-date on all required vaccinations. Get a copy of your child's updated immunization record from your family physician and give to your child's school nurse at the start of school. The COVID-19 vaccine is now approved for all ages! Get your family vaccinated for COVID-19. Schedule a vision screening. Schedule a dental appointment and cleaning. Set up sports physicals for student athletes. Masks are optional at CCS. If you choose to have your child wear one, buy well fitting, comfortable masks. Familiarize yourself with school protocols on masking, testing, and quarantining in case of COVID-19 symptoms or recent travel to a different state. Pack hand sanitizer and remind your children to keep

practicing good hand hygiene.